



## Volunteers from The Knockie Trust, Stratherrick & Foyers Community Trust, Stratherrick & Foyers Community Council & Boleskine Community Care working together

### Latest Community help for dealing with Covid-19

We have been working together looking at ways to help the Community in the current situation. Below is help with some of the issues we have been looking at ~

**Prescriptions** - The Transport Car Scheme and our local Fire Service are able to pick up prescriptions from the Surgery in Foyers for you. Just tell the surgery when ordering that you have asked them to pick up your prescription.

**Loneliness** - The Lunch Club have a befriending service for those who normally attend and is available for anyone who would like someone to phone and check in with them. Jan at the Foyers Stores is kindly coordinating volunteers for this. Please get in touch if you can help.

**Food Supply issues** - There are numerous things happening locally to help with food supply issues and apologies if we miss any out!

Morag Cameron is coordinating fresh food deliveries to Cameron's Tea rooms on a Thurs from Williamsons. Orders to be placed & paid by phone on the Mon or Tues previous—see useful contacts. Free delivery if required.

Jan and Simon at Foyers Stores are open Mon—Sat 9-4 & Sun 10-2. They can order in most

essential items and free delivery if required. They are also happy to open accounts if required

The Whitebridge Hotel are doing takeaway meals for collection.

Karla Stewart has kindly arranged for Monster Box to deliver fresh fruit and veg directly to your door on a Tuesday. See useful contacts for website to place an order.

Lyn Mhor Croft are delivering pork and lamb in the area.

Loch Ness Shores are taking calls from 8am - 8pm to put orders into Foyers Stores.

**Support from the Trust**— Through the Boleskine Brolly group, the Trust have agreed from Mon 31st March to reimburse all volunteer drivers their travel expenses to help make what is currently good-will, something that is sustainable as the weeks go on. The Trust has also funded a large quantity of hand sanitizer. It is located next to the telephone box at Foyers Stores for you to dispense with a pump in to smaller bottles. Please only take what you need. We will also make sure volunteer drivers have some. We have all been in lengthy discussions with the Trust trying to work out how we can offer any financial

assistance. We understand the Trust will be sending out a detailed letter and short application form within the next few days & anyone that qualifies can claim it. The Trust do not have emails for everyone so please help share the form. There will be printed copies available at the shop in Foyers and the Doctors Surgery.

Please also be advised that there is financial support available through the Knockie Trust for people who find themselves in financial need if the SFCT grant isn't applicable.

**Fuel** - Cameron Simpson is kindly cutting logs for those in need in the Upper Foyers area. He received a micro grant from the Community Council to cover fuel costs. Anyone can apply to the CC for a micro grant if they have a project that will benefit the Community.

**Further Help**— Highland Council are in the process of establishing a Humanitarian Hub that we believe will be located in Fort Augustus for our Ward, more details to follow. If you have any suggestions for further ideas to help please mail [emailsfc@aol.com](mailto:emailsfc@aol.com)

#### Useful Contacts

- **Transport Scheme**  
079442 28830
  - **Fire Service (Neil Kirkland)**  
07799 170640
  - **Befriending Service**  
01456 486233
  - **Foyers Stores (Jan)**  
01456 486233
  - **Williamson's Food Service**  
0845 4508888
  - **Whitebridge Hotel**  
01456 486226
  - **Monster Box**  
[www.monsterboxinverness.co.uk](http://www.monsterboxinverness.co.uk)
  - **Lyne Mhor Croft**  
01456 486738/07944349691
  - **Loch Ness Shores Campsite**  
01456 486333
  - **SFCT**  
[admin@sfctrust.org.uk](mailto:admin@sfctrust.org.uk)
  - **The Knockie Trust**  
[fionahbateman@icloud.com](mailto:fionahbateman@icloud.com)  
01456 486646
  - **SFCC**  
[email.sfcc@aol.com](mailto:email.sfcc@aol.com)
  - **Boleskine Community Care**  
01456 486247
  - **The Highland Council Helpline**  
0300 303 1362
- Mental Health Help**
- **Breathing Space**  
0800 83 85 87